



Personal Training

Members

Single 1 Hour Session	\$ 40.00
Single 1/2 Hour Session	\$ 30.00
11- 1 Hour Sessions	\$400.00
20- 1/2 Hour Sessions	\$400.00
10- 1/2 Hour Sessions	\$200.00

Group Rates

Couple- Single 1/2 Hour Session	\$ 40.00
Couple- 10 1/2 Hour Sessions	\$300.00
3-4 Person- Single 1/2 Hour Session	\$ 60.00
3-4 Person- Single 10-1/2 Hour Session	\$500.00

*Groups larger than 4, add \$50 per person, per package

15% discount on package renewals purchased within 30 days of last session.

Non-Members

Single 1 Hour Session	\$ 55.00
Single 1/2 Hour Session	\$ 40.00
11- 1 Hour Sessions	\$500.00
20- 1/2 Hour Sessions	\$500.00
10- 1/2 Hour Sessions	\$300.00

Group Rates

Couple- Single 1/2 Hour Session	\$ 60.00
Couple- 10-1/2 Hour Sessions	\$400.00